MILITARY RETIREE TRICARE OPEN SEASON: Monday, November 9 - Saturday, December 14

TRICARE Open Season is the annual period when a beneficiary can enroll in or change their health care coverage for the next year. TRICARE Open Season begins Monday, November 9 and ends Saturday, December 14. Any enrollment changes will go into effect on Jan. 1, 2021. Open season applies to anyone enrolled in or eligible for a TRICARE Prime option or TRICARE Select. This does not apply to TRICARE-for-Life.

If you are eligible to participate in TRICARE Open Season, you have three options:

- 1. Stay in your plan. If beneficiaries want to stay in their current TRICARE health plan, you do not have to re-enroll. The beneficiary will continue in their current health plan through 2021 or as long as you're eligible.
 - Note: Are you a Group A (If you or your sponsor's initial enlistment or appointment occurred before Jan. 1, 2018, you are in Group A). retiree or family member enrolled in TRICARE Select? Act now to set up payment for a new monthly <u>TRICARE Select enrollment fee</u> to keep your TRICARE Select coverage. These fees go into effect Jan. 1, 2021.
- 2. Enroll in a plan. If you are eligible for a TRICARE Prime option or TRICARE Select but not enrolled, you can enroll in a plan now.
- 3. Change plans. If you are already enrolled in a TRICARE Prime option or TRICARE Select, you can switch plans and switch between individual and family enrollment.
- 4. For Information: <u>https://www.tricare.mil/Plans/Enroll/Select</u>
- 5. TO SIGN UP: <u>https://milconnect.dmdc.osd.mil/milconnect/</u> OR <u>CALL 1-800-444-5445 Humana Military Tricare East</u>

What Happens if I Do not Take Any Action?

If you are not already in a plan and do not enroll in a plan during open season, you'll only be eligible for care at a military hospital or clinic if space is available.

Making Enrollment Changes Outside of Open Season

Outside of TRICARE Open Season, a beneficiary can enroll in or change enrollment to TRICARE Prime or TRICARE Select following a Qualifying Life Event (QLE). (A QLE is a certain change in your life, such as marriage, birth of a child, or retirement from active duty, which may mean different TRICARE health plans are available to you and your family members. A TRICARE QLE opens a 90-day period for you to make eligible enrollment changes. A QLE for one family member creates a chance for all eligible family member s to make enrollment changes. To learn more https://www.humanamilitary.com/beneficiary/benefit-guidance/enrollment/openseason)

OPEN SEASON FEDERAL BENEFITS OPEN SEASON: DENTAL & VISION INSURANCE

Federal Benefits Open Season, you can only enroll in the Federal Employees Dental and Vision Insurance Program (FEDVIP) or make changes to your existing FEDVIP plan if you experience a <u>FEDVIP QLE</u>. To learn more, go online. <u>https://www.benefeds.com/</u>